

Kisasa FC

Performance Analysis & Athlete Monitoring Student Attachment (3 months)

Role Overview

The Performance Analysis Attachment Student will support the collection and management of athlete performance data during training sessions and matches.

Key Responsibilities

- Operate athlete monitoring systems across 4–5 weekly sessions, including:
 1. **ForceFrame** for recovery testing (on request basis)
 2. **Firstbeat HR belts** during all sessions
 3. **Catapult GPS systems** during selected sessions
 4. Other performance tools or fitness elements.
- Ensure all monitoring equipment is set up, calibrated, and functioning correctly
- Collect and organize athlete data post-session
- Support basic data reporting for coaches (as required)

Additional Responsibilities (If Capable)

- Assist in strength & power training sessions with players
- Assist with pitch-based warm-ups under supervision
- Provide insights or observations from collected data
- Support performance staff in recovery and conditioning protocols

Skills & Requirements

- Currently pursuing a Bachelor of Science in Exercise and Sports Science
- Interest in football, performance analysis, or strength & conditioning
- Strong attention to detail and data handling ability
- Ready to learn technology and performance tools
- Good communication and ability to work within a team
- Basic understanding of football performance metrics (will be trained)

Learning Opportunities

- Hands-on experience with athlete monitoring systems
- Exposure to sports science in a football environment
- Development of data analysis and reporting skills
- Insight into performance optimization and recovery strategies